

OFFICE OF THE SUPERINTENDENT

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November 23, 2020

Dear Parents and Guardians,

As you prepare to celebrate Thanksgiving and Winter Break, we want to ensure that you have up-to-date information regarding the travel restrictions imposed by the Cook County Department of Public Health (CCDPH). The CCDPH recommends avoiding all non-essential travel and recommends persons entering into suburban Cook County from outside of suburban Cook County to quarantine for 14 days. District 57 will not be monitoring the 14-day travel quarantine, but respectfully requests staff and families to adhere to this guidance in the interest of mitigating the spread of COVID-19.

If you must travel, we strongly encourage consulting the Center for Disease Control's regularly updated <u>COVID-19 state case rates</u> as well as <u>guidance from the CDC</u> and the <u>CCDPH</u> about holiday travel during the pandemic. Whether or not you travel over the holidays, we encourage you to take precautions such as wearing a mask, social distancing, washing your hands, avoiding large gatherings, and staying home if you're not feeling well. The CDC's guidance on how to modify holiday plans to reduce the spread of COVID-19 can be <u>found here</u>.

As we navigate a holiday season different from any other before, may we all take time to reflect with grateful hearts for our community's first responders, medical professionals, educators, and essential workers whose bravery and dedication has served as a model for us all.

Sincerely,

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Elaine Aumiller, Ed.D. Superintendent of Schools

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